

Contact / Referral Information:

Morris Office

1160 Parsippany Boulevard
Parsippany, NJ 07054
973-334-4052
Fax: 973-334-4920

Or email us at NJ4S@mhainspire.org



The mission of the Mental Health Association is to promote mental health, with the integration of physical healthcare, to improve the care and treatment of individuals with mental illness, and to remove the stigma associated with mental health disorders and addictions.

As a community organization, we accomplish our mission through advocacy, education, prevention, early intervention, treatment and service.

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NJ4S MORRIS/SUSSEX

New Jersey Statewide
Student Support Services

PREVENTION

COUNSELING

RESOURCES



NJ4S Morris/Sussex

New Jersey Statewide Student Support Services (NJ4S) is a program funded by the Department of Children and Families providing an array of wellness services to support students and their parents/caregivers in Morris and Sussex Counties.

The program is centered around the voice, experience, and needs of students and their families and is provided at no cost.

Program and Services

NJ4S will provide the following education to students, family members, and school faculty and administrators:

- Substance Use **Prevention**
- Mental Health & **Wellness**
- Healthy Relationships, Sexual Health, and Pregnancy **Prevention**
- Suicide **Prevention**
- Anti-Bullying / Violence **Prevention**
- LGBTQIA+ **Support**

Services take place in schools and other locations in our communities, including libraries, community centers, faith-based organizations, and Family Success Centers.

Scan QR Code for more information or visit www.mhainspire.org.



Program & Services

Delivery of NJ4S services will be provided in a variety of ways, including:

COMMUNITY EDUCATION

Activities such as workshops, webinars, assemblies, and training. This includes linkage to community resources.

- Students in grades Pre-K - 12, families and school staff
- Virtual or in-person

PREVENTION PROGRAMMING

Evidence-based prevention services, typically delivered in classroom settings.

- Students in grades 6-12, families and school staff
- Schools request services through the NJ4S portal
- Schools may be connected to existing programs implemented within the community

BRIEF COUNSELING

Brief counseling for students in grades 6 - 12 provided by licensed clinicians.

- Services provided in-person or via telehealth
- Clinicians are also available for consultation with school staff and family members
- Schools request services through the NJ4S portal



How to Access NJ4S Services

Community members interested in participating in services can:

- Visit the MHA website for calendar listings and registration links
- Access additional programming and resources online

Community organizations can request to host presentations and trainings for community members by contacting NJ4S@mhainspire.org or 973-334-4052.

Schools interested in services will use the new NJ4S portal to:

- Log-in to select and request programs and interventions
- Communicate easily with NJ4S staff about submitted applications and their status
- View reports and information that is relevant to their school and district